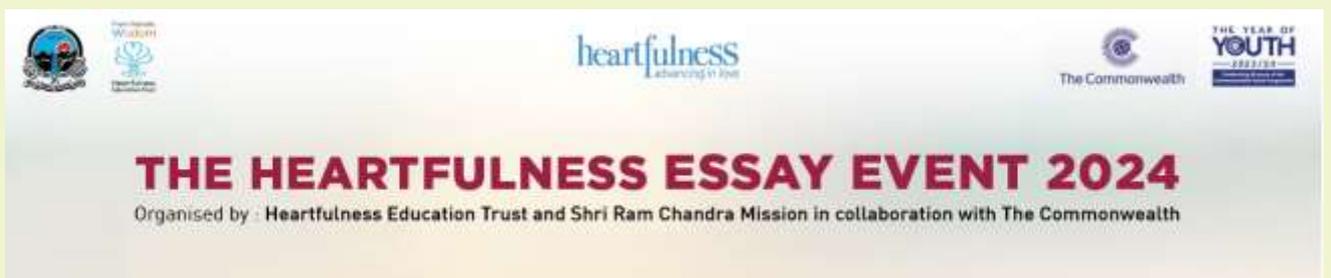




VCLC

VISHNU CULTURAL AND LITERARY CLUB

2024-25



B.V. RAJU COLLEGE (A)

VISHNUPUR BHIMAVARAM





B.V.RAJU COLLEGE

VISHNUPUR BHIMAVARAM

VISHNU CULTURAL AND LITERARY CLUB



VCLC 2024-25

ESSAY WRITING 2024

20-10-2025

ABOUT ESSAY EVENT

Shri Ram Chandra Mission is a non-profit educational and spiritual service organization. It has been promoting heart-based living through meditation as a means to universal peace and harmony for over 75 years since its inception in 1945. It is one of 1600 NGOs associated with the United Nations Department of Public Information. The All India Essay Writing Event had been the flagship event of Shri Ram Chandra Mission (SRCM) for nearly three decades and was organized in partnership with United Nations Information Centre for India and Bhutan (UNIC) for several years since 2005 reaching out to over 25,000 institutions in India. The event was renamed the HEARTFULNESS ESSAY EVENT in 2019 and was launched globally for the first time in 2020 in collaboration with UNESCO MGIEP (Mahatma Gandhi Institute of Education for Peace and Sustainable Development). This is the thirty first successive year of the Event.

Category – 2 (UG STUDENTS)

[Age 19-25 years] Word Limit 750

Topic :

"Resilience is accepting your new reality, even if it's less good than the one you had before.

Conclusion:

The Essay Event 2024 - Sri Ramachandra - Heartfulness Essay Event at BV Raju College was a resounding success, providing a platform for students to introspect and articulate their understanding of heartfulness. 21 students enrolled their names through online mode and sent their scanned essays as per the guidelines given by the organisation.

Acknowledgments:

The organizers extend their heartfelt gratitude to all participants, judges, volunteers, and sponsors whose contributions were instrumental in making the event a memorable and impactful experience.

Coordinator (S)

- 1.
- 2.
- 3.
- 4.



Vice Principal

Principal



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THE HEARTFULNESS ESSAY EVENT-2024

Organised by :
Heartfulness Education Trust and Shri Ram Chandra Mission
in collaboration with The Commonwealth



Supported by:



TOPICS:

Category 1 (14-18 years) 500 words

When everything seems to be going against you, remember that the
airplane takes off against the wind, not with it. - Henry Ford

Category 2 (19-25 years) 750 words

Resilience is accepting your new reality, even if it is less good than
the one you had before. - Elizabeth Edwards



For detailed guidelines please visit: hfn.link/essayevent

For any clarifications please write to us at: essayevent@heartfulness.org



From Wonder
Wisdom
Heartfulness
Education Trust

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The Commonwealth

THE YEAR OF
YOUTH
2023/24
Celebrating 50 years of the
Commonwealth Youth Programme

హార్ట్‌ఫుల్‌నెస్ వ్యాసరచన కార్యక్రమం 2024

నిర్వహణ

హార్ట్‌ఫుల్‌నెస్ ఎడ్యుకేషన్ ట్రస్ట్ మరియు శ్రీ రామచంద్ర మిషన్
ద కామన్‌వెల్త్ సహకారంతో



సహాయంతో

Brighter
Minds
Enriching
Young Minds



TOPICS :

వర్గం 1 (14-18 సంవత్సరాలు) 500 పదాలు

మీకు ప్రతిదీ విరుద్ధంగా జరుగుతున్నది అని భావించినప్పుడు,
విమానం గాలి వీచే దిశలో కాకుండా, దానికి వ్యతిరేకదిశగా
పైకి ఎగురుతుందని గుర్తించండి. - హెన్రీ ఫోర్డ్

వర్గం 2 (19-25 సంవత్సరాలు) 750 పదాలు

మీ కొత్త వాస్తవికత ఇంతకు ముందు కంటే మెరుగైనది కానప్పటికీ,
దానిని అంగీకరించడమే స్థిరత్వం - ఎలిజబెత్ ఎడ్వర్డ్స్



వివరణాత్మక మార్గదర్శకాల కోసం సంప్రదించండి hfn.link/essayevent
మరిన్నివివరణల కోసం దయచేసి మాకు వ్రాయండి essayevent@heartfulness.org



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THE HEARTFULNESS ESSAY EVENT 2024

Organised by : Heartfulness Education Trust and Shri Ram Chandra Mission in collaboration with The Commonwealth

[Institution Registration & Essay Submission](#)

[Direct Submission](#)

[Winners](#)



Supported by:



Categories for Participants

Category - 1

[Age 14-18 years] Word Limit 500

Topic :

When everything seems to be going against you, remember that the airplane takes off against the wind, not with it.
- Henry Ford

Category - 2

[Age 19-25 years] Word Limit 750

Topic :

Resilience is accepting your new reality, even if it's less good than the one you had before. - Elizabeth Edwards

[Know your Category & Topic](#)

Language options for writing the Essay

You may write your essay in any ONE of the following languages :

English, Assamese, Bengali, Gujarati, Hindi, Kannada, Malayalam, Marathi, Odia, Punjabi, Tamil, Telugu

About Essay Event

Shri Ram Chandra Mission is a non-profit educational and spiritual service organization. It has been promoting heart-based living through meditation as a means to universal peace and harmony for over 75 years since its inception in 1945. It is one of 1600 NGOs associated with the United Nations Department of Public Information. The All India Essay Writing Event had been the flagship event of The Shri Ram Chandra Mission (SRCM) for over three decades and was organized in partnership with United Nations Information Centre for India and Bhutan (UNIC) for several years since 2005 reaching out to over 25,000 institutions in India. The event was renamed the HEARTFULNESS ESSAY EVENT in 2019 and was launched globally for the first time in 2020 in collaboration with UNESCO MGIEP (Mahatma Gandhi Institute of Education for Peace and Sustainable Development).

The Event this year is being organized in collaboration with THE COMMONWEALTH. This year marks the thirty-second successive year of the Event.

The Heartfulness Education Trust (HET) has designed a variety of programs for youth including The Heartfulness Way Curriculum for junior school students aimed at developing in them an understanding and acceptance of core human values (as recommended in the report submitted to UNESCO by the International Commission on Education for the Twenty First Century), Brighter Minds for development of cognitive and intuitive faculties, a life skills program called HELP for senior school students and an initiative called Heartful Campus for University students. A program for teachers called INSPIRE has also been running for several years. Details of these programs are available at : www.heartfulness.org/education



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THE HEARTFULNESS ESSAY EVENT 2024

Organised by : Heartfulness Education Trust and Shri Ram Chandra Mission in collaboration with The Commonwealth

PARTICIPANTS LIST

S.No	Enrollment Id	Participant Name	Category	Class
1	IN/CAT2/ENG/20890	YELURI SATHWIKA	Category 2	DEGREE , II YEAR
2	IN/CAT2/ENG/20992	LANKA SAI SRI HARSHA	Category 2	DEGREE , II YEAR - BSC
3	IN/CAT2/ENG/21037	NALLAPARAJU SAI SURYA DEEPTHI	Category 2	DEGREE, II YEAR - BSC
4	IN/CAT2/ENG/21051	POLISETTY KRISHNA KUMARI	Category 2	DEGREE , II YEAR - BSC
5	IN/CAT2/ENG/21069	KATTAMURI MADHU	Category 2	DEGREE , II YEAR - BSC
6	IN/CAT2/ENG/23572	BOJJA PARMILA PRAGNA SRI	Category 2	DEGREE , II YEAR BSC
7	IN/CAT2/ENG/23621	INDUKURI VARSHINI	Category 2	DEGREE , II YEAR BSC
8	IN/CAT2/ENG/23785	INDUKURI DHARANI	Category 2	DEGREE II BSC
9	IN/CAT2/ENG/23803	INDUKURI DHARANI	Category 2	DEGREE II BSC
10	IN/CAT2/ENG/23946	PUPPALA JYOTHI	Category 2	DEGREE II BSC
11	IN/CAT2/ENG/24009	TADI KUMARA ESWAR CHANDRA	Category 2	DEGREE II BSC
12	IN/CAT2/ENG/24094	RUDRARAJU RITU	Category 2	DEGREE II BSC
13	IN/CAT2/ENG/24607	POTTURI HIRANMAY SRI	Category 2	DEGREE, II YEAR BSC
14	IN/CAT2/ENG/24895	KELLA MANI SHNAKAR	Category 2	DEGREE II BSC
15	IN/CAT2/ENG/24923	M. J. N. RAMYA SANTHOSHINI	Category 2	DEGREE II BSC
16	IN/CAT2/ENG/24953	NADIMPALLI RUPA VAISHNAVI	Category 2	DEGREE II BSC
17	IN/CAT2/ENG/24977	POSINA SIRI	Category 2	DEGREE II BSC
18	IN/CAT2/ENG/25045	KOPPARAPU VENAKATA SRUJANA	Category 2	DEGREE II BSC
19	IN/CAT2/ENG/25074	CHITIKENA POOJITHA	Category 2	DEGREE II BSC
20	IN/CAT2/ENG/33485	M. MOHANA SAI RAJESWARI	Category 2	DEGREE, II YEAR BSC
21	IN/CAT2/ENG/33651	NAMBULA PREMA JYOTHI	Category 2	DEGREE, II YEAR BSC

Coordinator:

VICE-PRINCIPAL



PRINCIPAL